



TRADITIONAL GAMES CHAMPIONSHIPS

2023

Traditional Games Championships Handbook

**February 10-12
École Sir John Franklin High School
Yellowknife, NWT**



Table of Contents

Championships Overview	- 1 -
Goal	- 1 -
Objectives	- 1 -
Games Format	- 1 -
2023 Games.....	- 1 -
Registration	- 1 -
Teams	- 2 -
Host Community/School.....	- 2 -
Accommodations at SJF and Security	- 2 -
Athletes, Coaches and Chaperones	- 3 -
Athlete Eligibility	- 3 -
Coach/Chaperone Eligibility.....	- 3 -
Officials	- 3 -
Discipline.....	- 4 -
Traditional Games Championships Equipment Checklist	- 5 -
Traditional Games Championship Coach/Chaperone Checklist	- 5 -
Travel Information	- 6 -
Charter Bus Schedule 2023.....	- 10 -
Informed Consent	- 11 -
CODE OF CONDUCT	- 12 -
Traditional Games Championships Record Holders.....	- 14 -

Championships Overview

Goal

The goal of the NWT Traditional Games Championships (TGC) is to increase participation and awareness of Inuit and Dene Games at a Territorial level. The TGC will build on the programs that the Aboriginal Sport Circle of the Northwest Territories (ASCNWT) and Municipal and Community Affairs (MACA) have been running in schools and communities across the north.

Objectives

The objectives of the NWT Traditional Games Championships are:

1. Increase the number of NWT residents participating in traditional games.
2. To support athletes with an interest in traditional games and who wish to pursue these games at a higher level.
3. To involve all NWT communities in traditional games events.
4. To develop and maintain traditional Aboriginal culture as well as social components of the traditional games.
5. To showcase the talents of NWT residents in traditional activities.

Games Format

2023 Games

Inuit Games

- Wrist Hang
- Arm Pull
- One Foot High Kick
- Two Foot High Kick

Dene Games

- Hand Games
- Snow Snake
- Pole Push
- Stick Pull

Registration

- a) Registration cost per team (helps cover accommodations, travel, and meals):
 - **Outside Yellowknife** is \$1500
 - **Inside Yellowknife** is \$800
- b) Registration fees can be paid by credit card or cheque (payable to Aboriginal Sport Circle NWT). Invoices are available upon request.
 - Cheques made to:
 - Aboriginal Sports Circle NWT
PO Box 1537
Yellowknife, NT
X1A 2A2

Each athlete and chaperon must fill out a registration form and sign a code of conduct.

- c) Registration deadline is **January 27th, 2023**

- Teams are considered fully registered once fees, registration forms and signed code of conducts are received for *all* athletes/chaperones.
- d) In an unfortunate circumstance where your team can't get out of the community because of weather, a full refund will be awarded.

Teams

All Schools Across the NWT will be invited to send participants to the TGC as follows:

- a) Each School will include four male and four female plus a male and female coaches/chaperones regardless of community size. Chaperones must be 21 years of age or older.
- b) Participants must be between the ages of 10 and 12 years as of December 31st 2022.
- c) Schools are encouraged to select alternates (one boy and one girl) for their team. In case of a situation where an athlete cannot participate, the alternate will be used.
- d) School coaches/chaperones will be responsible for the direct supervision of their participants. Coaches/Chaperones must occupy the same accommodation as the athletes.
- e) School teams must participate equally in all sports offered at the host site.
 - Out of respect for cultural traditions, teams may opt out of certain games.
- f) Each school will determine which participants will represent their school.
- g) In the event that the school chooses not to send a team to TGC, the community is encouraged to send a team.
- h) If the School/Community does not have enough athletes to make a team, the team can pick up other athletes from a different school within your region.

Host Community/School

The 2023 TGC will be held at École Sir John Franklin High School
4701 52nd Ave, Yellowknife, NT X1A 2N8

- a) The TGC host school will provide all meals (breakfast, lunch, and dinner) for all athletes, coaches/chaperones, and officials.
- b) Athletes and coaches/chaperones accommodations will be in classrooms within the host school. Please note your school may be sharing a classroom with other schools. Schools arriving early on the 9th will be staying in the gymnasium.
- c) All participants are required to bring their own sleeping requirements (i.e. pillow, sleeping bag, foamie, etc.)
- d) Showers will be available at the host school at all times.
- e) Rooms must be kept clean and tidy. Regular room checks will be conducted. Excessive damage will be billed to the school at fault.

Accommodations at SJF and Security

1. All team members and coaches should be back in their rooms by **11:30pm each night**. Lights in the hallway will be turned off at midnight.
2. There will be a security guard on duty each night.
3. The coach is responsible for the room and must be in the room whenever the room is occupied by a team member. No one other than the coach and team members is permitted in the classroom. **Athletes are not to be in the rooms unattended.**
4. Repair costs will be charged to the school of any student who damages school property or school grounds.

5. **Vaping, smoking and the use of any alcoholic beverage in the school, or on the school grounds, is strictly prohibited.**
6. Please encourage your athletes to clean up after themselves, and put all garbage in the garbage cans around the school and gyms. Recycling and composting bins are everywhere please use them when you can. If you need extra garbage bags or if garbage needs to be taken out, please find a janitor or staff involved with running the event they will gladly assist you.
7. If the school's fire alarms ring, everyone in the school must leave the building at once. You may not enter the building until they are told to do so by one of the school's officials. If the fire alarms ring during sleeping hours then the billets are to proceed to the gym and wait there for further instructions.
8. At the end of the tournament weekend the rooms must be returned to the same conditions as the visiting teams found them. Please place all your garbage out in the main hallways in garbage bags.
9. There are plenty of showers in the gym bathroom, we ask that you clean up the space after your use.
10. Coaches, there is a private washroom and shower in the gym bathrooms which can be unlocked for your use.
11. There will be a "Security" person present in the building and is in total control and must be strictly obeyed.
12. Teams are asked to be out of their rooms by **4:00 pm on Sunday** unless special arrangements have been made. Teams staying Sunday night will again be sleeping in the gym.
13. **Sports equipment is not to be used inside hallways and rooms**, they must remain in the gymnasium.

Athletes, Coaches and Chaperones

Athlete Eligibility

To be eligible to compete in the Traditional Games Championships

- a) Must be between 10 and 12 years of age as of December 31st the year before the Traditional Games Championships are held.
- b) Must follow the Traditional Games Championships Code of Conduct.
- c) Must be in good standing with your school prior to competition.

Coach/Chaperone Eligibility

To be eligible to be a coach/Chaperone in the TGC, Coaches/Chaperones:

- a) Must follow the NWT TGC Code of Conduct.
- b) Have completed all registration forms.
- c) Must be 19 years of age or older.

Officials

- a) All officials must be present at all times of competition, including opening and closing ceremonies.
- b) Honorariums will be given before and after competition.
- c) Any absence of officiating will result in disciplinary action.
- d) Accommodation details
- e) Head official will be appointed by ASCNWT
- f) All rules outlined in the technical package must be followed.

Discipline

Discipline situations will be handled as follows:

- a) Any situation where an athlete has broken the TGC Code of Conduct must be brought forward to a representative of The Aboriginal Sport Circle of the Northwest Territories.
- b) A disciplinary committee will then be brought together of ASCNWT employees to discuss the incident.
- c) The representative bringing forward the incident may not sit on the disciplinary committee.
- d) ASCNWT staff will be responsible for dealing with any consequences that are dealt.
- e) Consequences are outlined in the Code of Conduct.

Traditional Games Championships Equipment Checklist

Things you need to bring:	Extras – that you might want to bring:
<ul style="list-style-type: none"> <input type="checkbox"/> Winter Gear (Parka, Winter Boots, Snow pants, hats and mitts) <input type="checkbox"/> pillow <input type="checkbox"/> sleeping bag and foamy <input type="checkbox"/> towel & facecloth <input type="checkbox"/> soap, shampoo, toothbrush, toothpaste and other personal hygiene items such as deodorant, etc. <input type="checkbox"/> any medication taken on a regular basis <input type="checkbox"/> flashlight <input type="checkbox"/> clothes for 3 days (bring extra socks!!!) <input type="checkbox"/> spending money (meals are provided) <input type="checkbox"/> copy of Health Care Card <input type="checkbox"/> copy of ID (Drivers, GIC or Passport) <input type="checkbox"/> Athletic Clothing <input type="checkbox"/> Team Gear (School Jerseys) 	<ul style="list-style-type: none"> <input type="checkbox"/> bank card <input type="checkbox"/> cell phone <input type="checkbox"/> personal entertainment items (iPod) <input type="checkbox"/> snacks for in your room at night <input type="checkbox"/> camera



Please be advised that some games will be played outdoors and that the weather may be very cold. Ensure that you bring the appropriate gear to be outside for prolonged periods of time.

Traditional Games Championship Coach/Chaperone Checklist

<i>Coach/Chaperone Check List</i>	
<i>Registration Forms for every participant</i>	<input type="checkbox"/>
<i>Signed Informed Consent for every participant</i>	<input type="checkbox"/>
<i>Signed Code of Conduct for every participant</i>	<input type="checkbox"/>
<i>Registration Fees</i>	<input type="checkbox"/>
<i>Photo Permission Form</i>	<input type="checkbox"/>
<i>Travel Information</i>	<input type="checkbox"/>
<i>Participant Handbook</i>	<input type="checkbox"/>

Travel Information

Inuvik - Norman Wells					
<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
North Air					
Feb 10 th	Inuvik → Norman Wells	1015	1115	78 Passengers <ul style="list-style-type: none"> 10 Passengers/School 8 Officials 	<u>Aklavik</u> Moose Kerr School <u>Inuvik</u> East Three Elementary School <u>Fort McPherson</u> Chief Julius School <u>Tsiigehtchic</u> Chief Paul Niditchie School <u>Paulatuk</u> Angik School <u>Ulukhaktok</u> Helen Kalvak Elihavik School <u>Tuktoyaktuk</u> Mangilaluk School
Feb 13 th	Norman Wells → Inuvik	1045	1145		

Paulaktuk - Inuvik					
<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
Aklak Air					
Feb 10 th	Paulaktuk → Inuvik	0830	0930	10 Total Passengers	Angik School
Feb 13 th	Inuvik → Paulaktuk	1400	1530		

Ulukhaktok - Inuvik

<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
Aklak Air					
Feb 9 th	Ulukhaktok → Inuvik	1600	1745	9 Total Passengers	Helen Kalvak Elihaktok School
Feb 14 th	Inuvik → Ulukhaktok	1000	1145		

Norman Wells – Yellowknife

<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
North Air					
Feb 10 th	Norman Wells → Yellowknife	1145	1300	22 Passengers 10 Passengers/School 2 Officials	<u>Fort Good Hope</u> Chief T'Selehye School <u>Deline</u> Ehtseo Ayha School
Feb 13 th	Yellowknife → Norman Wells	0850	1020		

Deline – Norman Wells

<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
North Wright					
Feb 10 th	Deline → Norman Wells	0951	1010	10 Total 10 Passengers/School	Ehtseo Ayha School
Feb 13 th	Norman Wells → Deline	1130	1150		

Fort Good Hope – Norman Wells

<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
North Wright					
Feb 10 th	Fort Good Hope → Norman Wells	0930	0945	12 Passengers	Chief Julius School
Feb 13 th	Norman Wells → Fort Good Hope	1100	1115	10 Passengers/School 2 Officials	

Lutsel K'e - Yellowknife

<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
Summit Air					
Feb 10 th	Lutsel K'e → Yellowknife	1357	1445	10 Total	Lutsel K'e Dene School
Feb 13 th	Yellowknife → Lutsel K'e	0800	0842		

Samba K'e - Yellowknife

<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
Air Tindi					
Feb 10 th	Samba K'e → Yellowknife	1015	1157	10 Total	Charle Tetcho School
Feb 13 th	Yellowknife → Samba K'e	0800	0942		

Fort Smith - Yellowknife

<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
Summit Air					
Feb 10 th	Fort Smith → Yellowknife	1015	1121	11 Total	JBT School
				10 Passengers/School	
Feb 13 th	Yellowknife → Fort Smith	1000	1100	1 Official	

Fort Resolution - Yellowknife

<u>Airliner</u>	Route	Departure	Arrival	Passengers	Schools
Summit Air					
Feb 10 th	Fort Resolution → Yellowknife	0751	0827	10 Total	Deninu School
Feb 13 th	Yellowknife → Fort Resolution	0800	0836		

Charter Bus Schedule 2023

Date	Service	Location		Destination	Departure	Arrival	Passengers
February 10 th	Steen Enterprises	Tuktoyaktuk	→	Inuvik	0700	0900	10
February 10 th	Dave Dekwant	Fort McPherson	→	Tsiigehtchic	0600	0700	10
February 10 th	Dave Dekwant	Tsiigehtchic	→	Inuvik	0700	0945	11
February 10 th	Billie Archie	Aklavik	→	Inuvik	0700	0830	12
Date	Service	Location		Destination	Departure	Arrival	Passengers
February 13 th	Steen Enterprises	Inuvik	→	Tuktoyaktuk	1200	1400	10
February 13 th	Dave Dekwant	Inuvik	→	Tsiigehtchic	1200	1445	11
February 13 th	Dave Dekwant	Tsiigehtchic	→	Fort McPherson	1500	1600	10
February 13 th	Billie Archie	Inuvik	→	Aklavik	1200	1400	11
Date	Service	Location	→	Destination	Departure	Arrival	Passengers
February 10 th	First Transit	Yellowknife Airport	→	Sir John Franklin High School	1300	1330	
February 13 th	First Transit	Sir John Franklin High School	→	Yellowknife Airport	0615	0645	

Contact Information

Name	Phone Number
Steen Enterprises	867 977 2547
Dave Dekwant	867 678 0275
Billie Archie	867 668 2543
First Transit Canada	867 873 4693

Informed Consent

Informed Consent Agreement

Risk: I, the undersigned understand and acknowledge that participation in the Traditional Games Championships might result in personal injury, property damage or loss, and possible death. I fully understand these risks and hereby agree to participate in the 2023 Traditional Games Championships voluntarily and at my own risk. I further state that I am in proper physical condition to participate in these Games.

Rules: I understand that the rules and regulations are designed for the safety and protection of participants and hereby agree to abide by the rules and regulations set down by the Aboriginal Sport Circle of the Northwest Territories.

Liability: In consideration of acceptance of my participation in the 2023 Traditional Games Championships, I agree that the Host Advisory Committee, Aboriginal Sport Circle of the Northwest Territories and their volunteers, sponsors, employees or agents shall not be liable for any personal injury, property damage or loss arising from or in any way resulting from, my participation unless such injury, loss or damage is caused by negligence of the Host Advisory Committee, the Aboriginal Sport Circle of the Northwest Territories or their volunteers, sponsors, employees, or agents while acting within the scope of their duties.

In addition, permission is granted to administer any medical treatment that may be required.

Medical Information

Health Care Number

Name of insured party (i.e. father)

Please give details of any current medical problems or concerns including any allergies:

Each participant (i.e. Athlete and Chaperone,) must complete the following. Please check the appropriate box:

I confirm that I am: ☐ Under the age of 18 ☐ Of the full age of 18 years, have read, understood and agree to the contents of this Informed Consent Agreement in its entirety.

Witness

Signature of Participant (Athlete, Chaperone)

Print Name of Witness

Print Name of Participant (Athlete, Chaperone)

For each participant Under the age of 18 the following must be completed by his/her parent or guardian:

I, as the parent/guardian of the participant named herein hereby declared that I have read, understood and agree to the contents of this Informed Consent Form in its entirety.

I, as the parent/guardian of the participant named herein, I agree to assume full responsibility to instruct my child of the risks involved, and to inform him/her of the importance of abiding by the rules, regulations and Code of Conduct.

Signed This _____ Day of _____, 20____

Signature of Parent/Guardian

Please print name of Parent/Guardian



ABORIGINAL SPORT CIRCLE TRADITIONAL GAMES CHAMPIONSHIPS

CODE OF CONDUCT

This Code of Conduct identifies the standards of behavior that is expected of all Team members (including athletes, coaches, ASCNWT staff). Participants who fail to abide by this Code will be subject to disciplinary sanctions.

As a participant of the Traditional Games Championships (TGC), you must conduct yourself at all times in a responsible manner. The Code of Conduct (COC) begins day one (1) prior to departure from your home (identified place of residence) and is in effect until one (1) day after you have completed your travel home. This agreement will be in effect throughout any and all travel, during competition, and special outings with your chaperone. As a participant, you must sign the Traditional Games Championships Code of Conduct (COC) indicating that you understand the standard of conduct and behavior that is expected of you and that you agree to abide by the Code of Conduct.

Traditional Games Championships Conduct

1. Respect the culture diversity of team members and all other TGC participants.
2. Demonstrate the principals of fair play and sportsmanship
 - Respect the rules of the game and your opponent
 - Respect the officials and accept their decisions
3. Arguing, fighting, abuse, and bullying is not permitted.
4. Drugs are not permitted – You must abstain from the use or possession of non-prescription drugs during the event even if you are 19 years of age or older.
5. Tobacco use is not allowed – You must not smoke cigarettes, use chewing tobacco or posses tobacco unless you are over the age of 18 years old.
6. Betting and gambling is not allowed at any time during the event.
7. During the Championships you must reside at the place of residence set by the Chaperone (unless alternate arrangements have been approved prior to the start of the event)
8. You must keep your surroundings and rooms tidy and clean at all times.
9. You must obey the curfew (including rules about “quiet times” and “lights out”) set by the TGC Leaders/Chaperones.
10. Disturbances or disruptions will not be tolerated.
11. You must fully participate in all parts of the event.
12. You must be on time to all activities of the program.

Disciplinary Action

Actions taken by any Team Member that are in violation of the Code of Conduct will be dealt with immediately. Depending on the severity of the offence, the Coach, and or the Chaperone shall be responsible for discipline.

The Team's Chaperone will be called to action; they will review all violations and take swift action to address the incident.

Disciplinary actions may include any one or combination of the following sanctions

- Early curfew
- Verbal or written reprimand
- Submission by the offender of a verbal or written apology
- Suspension from specific Team activities or sport competition
- Revoking Team clothing or gifts
- Removal of certain TGC privileges
- Removal from portion of, or the remainder of the TGC
- Removal from the TGC and being sent home
- Other sanctions that are considered appropriate for the offence.

A participant involved in a discipline situation shall be advised that they have the right to seek the advice and assistance of a Participant's Advocate. The role of the Participant's Advocate is to advise the athlete of his or her rights, to provide support and to speak on behalf of the athlete, if requested.

Incidents involving a number of team members may result in the entire team receiving disciplinary sanctions. Incidents involving property damage to the host school may result in the participant or school being billed.

Extraordinary Discipline Committee

ASCNWT fully expects that all participants (athletes, coaches, staff) adhere to the Aboriginal Sport Circles adage of "The Spirit, Strong, Brave and True", by maintaining the integrity of participation as Indigenous people through the continued celebration of health and wellness through sports.

Any incident beyond the scope of a contingent's own disciplinary procedures will require the Host Disciplinary Committee to review the incident and render a further disciplinary decision. A disciplinary committee will be established by the ASCNWT. All incidents will be handled in the quickest possible manner to limit interference with the competition schedule. The contingent or contingent participant in question will maintain privileges associated with the TGC, until the final decision is rendered.

DECLARATION

I, _____, being a participant of Traditional Games Championships, agree to abide by this Code of Conduct while traveling to, participating at, and returning from the 2023 TGC in Yellowknife, NT. I fully understand that if I do not abide by this Code of Conduct, disciplinary sanctions may be imposed against me. These sanctions include immediate expulsion from the 2023 Traditional Games Championships;

Signature of Participant

Date

Signature of Chaperone

Traditional Games Championships Record Holders

One Foot High Kick

Male	2015	Jason Nguyen	Mildred Hall	6'4"
Female	2020	Alyssa Irish	Helen Kalvak	6'3"

Two Foot High Kick

Male	2017	Maverick Elias	Mangilaluk School	5'4"
Female	2017	Danika Taylor	William Mac	4'10"

Wrist Hang

Male	2015	Brendan McCallister	Weledah	227.6
Female	2017	Gillian Furniss	William Mac	401.1

Snow Snake

Male	2016	Evan Nadli	Deh Gah	172
Female	2016	Teylene Tsatchia	Alexis Arrowmaker	97.05