



2019

Traditional Games Championships Handbook

**February 15-17
Yellowknife, NWT**

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Championships Overview

Goal

The goal of the NWT Traditional Games Championships (TGC) is to increase participation and awareness of Inuit and Dene Games at a Territorial level. The TGC will build on the programs that the Aboriginal Sport Circle of the Northwest Territories (ASCNWT) and Municipal and Community Affairs (MACA) have been running in schools and communities across the north.

Objectives

The objectives of the NWT Traditional Games Championships are:

1. Increase the number of NWT residents participating in traditional games.
2. To support athletes with an interest in traditional games and who wish to pursue these games at a higher level.
3. To involve all NWT communities in traditional games events.
4. To develop and maintain traditional Aboriginal culture as well as social components of the traditional games.
5. To showcase the talents of NWT residents in traditional activities.

Games Format

2019 Games

Inuit Games

- Wrist Hang
- Arm Pull
- One Foot High Kick
- Two Foot High Kick

Dene Games

- Hand Games
- Snow Snake
- Pole Push
- Stick Pull

Registration

- a) Registration cost per team (helps cover accommodations, travel, and meals):
 - **Outside Yellowknife** is \$1500
 - **Inside Yellowknife** is \$800
- b) Registration fees can be paid by credit card or cheque (payable to Aboriginal Sport Circle NWT). Invoices are available upon request.
- c) Each athlete and chaperon must fill out a registration form and sign a code of conduct.
- d) Registration deadline is **February 1st, 2019**
 - Teams are considered fully registered once fees, registration forms and signed code of conducts are received for *all* athletes/chaperones.
- e) In an unfortunate circumstance where your team can't get out of the community because of weather, a full refund will be awarded.

Teams

All Schools Across the NWT will be invited to send participants to the TGC as follows:

- a) Each School will include four male and four female plus a male and female coaches/chaperones regardless of community size. Chaperones must be 21 years of age or older.
- b) Participants must be between the ages of 10 and 12 years as of December 31st 2018.
- c) Schools are encouraged to select alternates (one boy and one girl) for their team. In case of a situation where an athlete cannot participate, the alternate will be used.
- d) School coaches/chaperones will be responsible for the direct supervision of their participants. Coaches/Chaperones must occupy the same accommodation as the athletes.
- e) School teams must participate equally in all sports offered at the host site.
- f) Each school will determine which participants will represent their school.
- g) In the event that the school chooses not to send a team to TGC, the community is encouraged to send a team.
- h) If the School/Community does not have enough athletes to make a team, the team can pick up other athletes from a different school within your region.

Host Community/School

The 2019 TGC will be held in Yellowknife at William McDonald Middle School

- a) The TGC host school will provide all meals (breakfast, lunch, and dinner) for all athletes, coaches/chaperones, and officials.
- b) Athletes and coaches/chaperones accommodations will be in classrooms within the host school. Please note your school may be sharing a classroom with other schools.
- c) All participants are required to bring their own sleeping requirements (i.e. pillow, sleeping bag, foamie, etc.)
- d) Showers will be available at the host school at all times, or at the City of Yellowknife Fieldhouse each morning (times to be provided). Rides each morning will be available to those wanting to shower at the Fieldhouse.
- e) Rooms must be kept clean and tidy. Regular room checks will be conducted. Excessive damage will be billed to the school at fault.

Athletes, Coaches and Chaperones

Athlete Eligibility

To be eligible to compete in the Traditional Games Championships

- a) Must be between 10 and 12 years of age as of December 31st the year before the Traditional Games Championships are held.
- b) Must follow the Traditional Games Championships Code of Conduct.
- c) Must be in good standing with your school prior to competition.

Coach/Chaperone Eligibility

To be eligible to be a coach/Chaperone in the TGC, Coaches/Chaperones:

- a) Must follow the NWT TGC Code of Conduct.
- b) Have completed all registration forms.
- c) Must be 21 years of age.

Discipline

Discipline situations will be handled as follows:

- a) Any situation where an athlete has broken the TGC Code of Conduct must be brought forward to a representative of The Aboriginal Sport Circle of the Northwest Territories.
- b) A disciplinary committee will then be brought together of ASCNWT employees to discuss the incident.
- c) The representative bringing forward the incident may not sit on the disciplinary committee.
- d) ASCNWT staff will be responsible for dealing with any consequences that are dealt.
- e) Consequences are outlined in the Code of Conduct.

Traditional Games Championships Equipment Checklist

Things you need to bring:	Extras – that you might want to bring:
<ul style="list-style-type: none"> <input type="checkbox"/> Winter Gear (Parka, Winter Boots, Snow pants, hats and mitts) <input type="checkbox"/> pillow <input type="checkbox"/> sleeping bag and foamy <input type="checkbox"/> towel & facecloth <input type="checkbox"/> soap, shampoo, toothbrush, toothpaste and other personal hygiene items such as deodorant, etc. <input type="checkbox"/> any medication taken on a regular basis <input type="checkbox"/> flashlight <input type="checkbox"/> clothes for 3 days (bring extra socks!!!) <input type="checkbox"/> spending money (meals are provided) <input type="checkbox"/> copy of Health Care Card <input type="checkbox"/> copy of ID (Drivers, GIC or Passport) <input type="checkbox"/> Athletic Clothing 	<ul style="list-style-type: none"> <input type="checkbox"/> bank card <input type="checkbox"/> change for pay phone <input type="checkbox"/> cell phone <input type="checkbox"/> personal entertainment items (iPod) <input type="checkbox"/> snacks for in your room at night <input type="checkbox"/> camera

Traditional Games Championship Coach/Chaperone Checklist

<i>Coach/Chaperone Check List</i>	
<i>Registration Forms for every participant</i>	<input type="checkbox"/>
<i>Signed Informed Consent for every participant</i>	<input type="checkbox"/>
<i>Signed Code of Conduct for every participant</i>	<input type="checkbox"/>
<i>Registration Fees</i>	<input type="checkbox"/>
<i>Photo Permission Form</i>	<input type="checkbox"/>
<i>Travel Information</i>	<input type="checkbox"/>
<i>Participant Handbook</i>	<input type="checkbox"/>

Participant Registration Form 2019 Traditional Games Championships

Personal Information				
*Last Name	*First Name	School		
*Mailing Address	*City	* Postal Code	Email	
*Home Phone Number ()	Work Phone Number (parent) ()	*Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	*Date of Birth / / mm dd yyyy	

Participation Category		
<input type="checkbox"/> Athlete	<input type="checkbox"/> Community Coach	<input type="checkbox"/> Chaperone

Emergency Contact Information		
*Last Name	*First Name	*Relationship
Work Phone Number ()	*Home Phone Number ()	Cell Phone Number ()

T-Shirt Size	
T-shirt Size	<input type="checkbox"/> Youth Medium <input type="checkbox"/> Youth Large <input type="checkbox"/> Adult Small <input type="checkbox"/> Adult Medium <input type="checkbox"/> Adult Large <input type="checkbox"/> Adult X Large <input type="checkbox"/> Adult XX Large

Medical Information	
Health Care Number	Name of insured party (i.e. father)
Please give details of any current medical problems or concerns including any allergies:	

Informed Consent

Informed Consent Agreement

Risk: I, the undersigned understand and acknowledge that participation in the Traditional Games Championships might result in personal injury, property damage or loss, and possible death. I fully understand these risks and hereby agree to participate in the 2019 Traditional Games Championships voluntarily and at my own risk. I further state that I am in proper physical condition to participate in these Games.

Rules: I understand that the rules and regulations are designed for the safety and protection of participants and hereby agree to abide by the rules and regulations set down by the Aboriginal Sport Circle of the Northwest Territories.

Liability: In consideration of acceptance of my participation in the 2019 Traditional Games Championships, I agree that the Host Advisory Committee, Aboriginal Sport Circle of the Northwest Territories and their volunteers, sponsors, employees or agents shall not be liable for any personal injury, property damage or loss arising from or in any way resulting from, my participation unless such injury, loss or damage is caused by negligence of the Host Advisory Committee, the Aboriginal Sport Circle of the Northwest Territories or their volunteers, sponsors, employees, or agents while acting within the scope of their duties.

In addition, permission is granted to administer any medical treatment that may be required.

Each participant (i.e. Athlete and Chaperone,) must complete the following. Please check the appropriate box:

I confirm that I am: Under the age of 18 Of the full age of 18 years, have read, understood and agree to the contents of this Informed Consent Agreement in its entirety.

Witness

Signature of Participant (Athlete, Chaperone)

Print Name of Witness

Print Name of Participant (Athlete, Chaperone)

For each participant Under the age of 18 the following must be completed by his/her parent or guardian:

I, as the parent/guardian of the participant named herein hereby declared that I have read, understood and agree to the contents of this Informed Consent Form in its entirety.

I, as the parent/guardian of the participant named herein, I agree to assume full responsibility to instruct my child of the risks involved, and to inform him/her of the importance of abiding by the rules, regulations and Code of Conduct.

Signed This _____ Day of _____, 20

Signature of Parent/Guardian

Please print name of Parent/Guardian



ABORIGINAL SPORT CIRCLE TRADITIONAL GAMES CHAMPIONSHIPS

CODE OF CONDUCT

This Code of Conduct identifies the standards of behavior that is expected of all Team members (including athletes, coaches, ASCNWT staff). Participants who fail to abide by this Code will be subject to disciplinary sanctions.

As a participant of the Traditional Games Championships (TGC), you must conduct yourself at all times in a responsible manner. The Code of Conduct (COC) begins day one (1) prior to departure from your home (identified place of residence) and is in effect until one (1) day after you have completed your travel home. This agreement will be in effect throughout any and all travel, during competition, and special outings with your chaperone. As a participant, you must sign the Traditional Games Championships Code of Conduct (COC) indicating that you understand the standard of conduct and behavior that is expected of you and that you agree to abide by the Code of Conduct.

Traditional Games Championships Conduct

1. Respect the culture diversity of team members and all other TGC participants.
2. Demonstrate the principals of fair play and sportsmanship
 - Respect the rules of the game and your opponent
 - Respect the officials and accept their decisions
3. Arguing, fighting, abuse, and bullying is not permitted.
4. Drugs are not permitted – You must abstain from the use or possession of non-prescription drugs during the event even if you are 19 years of age or older.
5. Tobacco use is not allowed – You must not smoke cigarettes, use chewing tobacco or posses tobacco unless you are over the age of 18 years old.
6. Betting and gambling is not allowed at any time during the event.
7. During the Championships you must reside at the place of residence set by the Chaperone (unless alternate arrangements have been approved prior to the start of the event)
8. You must keep your surroundings and rooms tidy and clean at all times.
9. You must obey the curfew (including rules about “quiet times” and “lights out”) set by the TGC Leaders/Chaperones.
10. Disturbances or disruptions will not be tolerated.
11. You must fully participate in all parts of the event.
12. You must be on time to all activities of the program.

Disciplinary Action

Actions taken by any Team Member that are in violation of the Code of Conduct will be dealt with immediately. Depending on the severity of the offence, the Coach, and or the Chaperone shall be responsible for discipline.

The Team’s Chaperone will be called to action; they will review all violations and take swift action to address the incident.

Disciplinary actions may include any one or combination of the following sanctions

- Early curfew
- Verbal or written reprimand
- Submission by the offender of a verbal or written apology
- Suspension from specific Team activities or sport competition
- Revoking Team clothing or gifts
- Removal of certain TGC privileges
- Removal from portion of, or the remainder of the TGC
- Removal from the TGC and being sent home
- Other sanctions that are considered appropriate for the offence.

A participant involved in a discipline situation shall be advised that they have the right to seek the advice and assistance of a Participant’s Advocate. The role of the Participant’s Advocate is to advise the athlete of his or her rights, to provide support and to speak on behalf of the athlete, if requested.

Incidents involving a number of team members may result in the entire team receiving disciplinary sanctions.

Incidents involving property damage to the host school may result in the participant or school being billed.

Extraordinary Discipline Committee

ASCNWT fully expects that all participants (athletes, coaches, staff) adhere to the Aboriginal Sport Circles adage of “The Spirit, Strong, Brave and True”, by maintaining the integrity of participation as Indigenous people through the continued celebration of health and wellness through sports.

Any incident beyond the scope of a contingent’s own disciplinary procedures will require the Host Disciplinary Committee to review the incident and render a further disciplinary decision. A disciplinary committee will be established by the ASCNWT. All incidents will be handled in the quickest possible manner to limit interference with the competition schedule. The contingent or contingent participant in question will maintain privileges associated with the TGC, until the final decision is rendered.

DECLARATION	
I, _____, being a participant of Traditional Games Championships, agree to abide by this Code of Conduct while traveling to, participating at, and returning from the 2019 TGC in Yellowknife, NT. I fully understand that if I do not abide by this Code of Conduct, disciplinary sanctions may be imposed against me. These sanctions include immediate expulsion from the 2019 Traditional Games Championships;	
_____	_____
<i>Signature of Participant</i>	<i>Date</i>

	<i>Signature of Chaperone</i>

Traditional Games Championships Record Holders

One Foot High Kick

Male	2015	Jason Nguyen	Mildred Hall	6'4"
Female	2016	Taylor Sorensson	William Mac	5'6"

Two Foot High Kick

Male	2017	Maverick Elias	Mangilaluk School	5'4"
Female	2017	Danika Taylor	William Mac	4'10"

Wrist Hang

Male	2015	Brendan McCallister	Weledeh	227.6
Female	2017	Gillian Furniss	William Mac	401.1

Snow Snake

Male	2016	Evan Nadli	Deh Gah	172
Female	2016	Teylene Tsatchia	Alexis Arrowmaker	97.05